

Health Matters

VAFC Conference at the Tides Inn

On November 9-11, 15 members of the Moss Free Clinic Staff, and one member of the Board of Directors, attended the Virginia Association of Free Clinics (VAFC) Conference at the Tides Inn, located in the Northern Neck of Virginia. The beautiful setting of the Tides Inn provided the perfect backdrop for VAFC's annual conference with the theme "Tides of Change". The staff attended lectures to learn new approaches to current practices, and toured the Northern Neck Free Health Clinic. With the variety of workshops offered, everyone found a lecture appropriate for them. Topics ranged from Clinical, Dental, and Pharmaceutical discussions to those of Stress relief, and Promoting one's self, to Community Partnerships, Fundraising, and Accreditation. This motivating experience allowed the Moss Clinic staff members to take advantage of opportunities to network with colleagues, share knowledge with others and rekindle the passion for the work they do. The 2009 VAFC Conference will take place in Hot Springs, Virginia, at The Homestead.



Lloyd F. Moss Free Clinic Staff after dinner at the VAFC conference at the Tides Inn in Irvington, VA.

Agency Staff

- Karen Dulaney, Executive Director
- Jacqueline Arthur, Education Coordinator
- Michelle Balen, Medical Assistant
- Gerald Berry, Pharmacy Technician
- Ivette Boutwell, Receptionist
- Donna Bowser, CFNP, Dir. Of Clinical Services
- Bridget Dinehart, Pharmacy Technician
- Donna Jadot, Eligibility Coordinator
- Tina Kelly, RPh, Dir. Of Pharmacy Services
- Judy Matheney, Clinical Operations Coordinator
- Susan McMichael, Pharmacy Receptionist
- Mark Oliveira, RPh, Pharmacist
- Kathy Parker, Office Manager
- Stacy Pierce, Development Director
- Larry Price, RPh, Pharmacist
- Teresa Silver, Volunteer Coordinator
- Debra Sulser, RN, Clinical Services Coordinator
- Gale Timpone, RN, Clinical Services Coordinator
- Erin VanGinhoven, Pharmacy Advocate
- JB Waller, Dental Care Coordinator
- Leonora Williams, Chronic Care Coordinator



Message from the President of the Board

On behalf of the Clinic’s Board of Directors. I send you holiday greetings and a heartfelt “Thank You”.

Thank you to all of you who have given financially to support the mission of the Moss Free Clinic. You have provided much needed, quality, medical care for many individuals and families in our community.

Thank you to all of our community volunteers who have given so freely of your time and concern throughout the past year. You have provided an environment of caring and dignity at the Moss Free Clinic that has touched more lives than you can know.

Thank you to all of our local medical professionals that have dedicated their time and talents this past year. The doctors, dentists, specialists, nurses, and other professionals, have shared their gifts in a way that has improved the health of those in our community who seldom have healthcare advocates.

And lastly, thank you to the staff of the Moss Free Clinic. Your day in and day out commitment to the well being of those in our community that struggle for quality healthcare is awesome. You professionally and compassionately run our clinic in a time when its services are most needed.

The Board of Directors wishes you all of the happiest and warmest of holidays...
And a New Year full of peace and potential.
God Bless.

David Pierce
President, Moss Free Clinic Board of Directors

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 - Rev. Fred Donahoe, Vice President
 - Gerald Goodman, Treasurer
 - Barbara Kane, Secretary
 - Rebecca Bigoney, MD, Medical Director
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Economic Impact on Services/Donations

2008 proved to be quite a challenging year. These difficult times have possessed a resurgence of inflation in health care costs, an economic downturn, and layoffs paired with other employment concerns. Because of these facts, more of our neighbors are turning to the Free Clinic for their health care needs. In these uncertain economic times, hundreds of hard-working people are depending upon this established and reliable safety net.

As our demand for services increases, so does our need for funding and volunteers. Financial contributions and volunteerism are needed in order to maintain the Clinic’s overall operation and continue providing the quality care our community has come to know and trust.

When thinking of ways to help the community, please consider the Clinic. Your contributions are valued and greatly needed. To learn more about how to give and get involved visit our newly redesigned and updated website at www.mossfreeclinic.org.

Dental Services

On most Tuesday and Thursday nights the Dental Clinic is a whirl of activity as we have been regularly utilizing all six operatories with two volunteer dentists. Thanks to our dentists we have met more of our patients’ dental needs this year and are seeing more patients with a shorter waiting list. The numbers for 2008 surpassed the year end numbers for 2007. In 2008 the Dental Clinic served 395 unduplicated patients, and provided 807 appointments. In 2007 the Dental Clinic served 231 unduplicated patients, and provided 665 appointments. There are currently 20 dentists, 41 dental assistants, and 1 hygienist currently active who volunteer at the clinic, a portion of those listed volunteer regularly and are on a rotation schedule.

In 2008, our dentists went the extra mile. Our unique volunteer professionals have offered more of their time, and made generous donations of equipment, instruments and scrubs. Our volunteer dentists have even introduced other professional colleagues to our clinic and its philanthropic opportunities. Our volunteer dentists have also been instrumental in the training of our student volunteers. Without this dedicated team we would not be able to serve our neighbors with the same quality and attention. The Moss Free Clinic is truly thankful for the dedication and support of our local dental professionals.

Lloyd F. Moss Free Clinic
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Celebrating 15 Years of a Healthier Community



The Moss Free Clinic gives thanks to the community for their continued support and commitment to making our neighbors healthier.

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Check Out Our New Look!
www.mossfreeclinic.org

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