

A Patient's Story

Mr. Johnson, a 54 year old man, came to the clinic with a bad heart and dental care needs. He had been denied Medicaid but received Social Security Disability and received food stamps for his household which included his 52-year-old diabetic wife and a teenager. Mr. Johnson lived in pain every moment of the day because of several abscessed teeth, teeth that needed filling, and broken teeth all causing him a great deal of pain. With his heart problems, he ran a high risk for infection if his dental concerns were not addressed.

Because of stress in Mrs. Johnson's life and concern for her husband's health, she too had broken teeth. Her broken teeth were a result of grinding her teeth together due to stress. Her Diabetic condition put her at risk for infection and Diabetic Shock if she did not receive dental care in a timely and appropriate manner. With no substantial income for several years, Mr. and Mrs. Johnson lacked options for dental care until they found the Moss Free Clinic's Dental Clinic.

Both patients were cared for and their dental concerns have been addressed. They recently visited the Dental Clinic to say thank you and share that they both lead healthier lives and now live without pain.



Need Grows In Poor Economy

2008 saw an increase of nearly 20% in patient visits to the Free Clinic this past year. Total patient visits to the Clinic were 7,959 (up from 6,690 in 2007). Of the 1,680 patients seen in 2008, 1,009 of them were **new patients (60%)**. We are finding that patients are arriving at the Clinic over 2 hours early just to get in line to be screened.

The clinic receives an average of 8-10 calls each week from Mary Washington Hospital referring patients who they have determined to be post-surgical and/or chronically/severely ill people with multiple medical needs. The clinic continues to find ways to help as many patients as possible.

Thank You For Your Continued Support!

The year has certainly brought new challenges with new opportunities. As we are eagerly addressing the growing need for free health care we want to take the time to say thank you for getting involved and contributing in ways which are making this a healthier community. Your enduring support keeps our mission alive!



Chronic Care	3,416
Dental	810
Gynecology	368
Mental Health	182
Orthopedics	458
Primary Care	2,581
Surgery	128



Free Clinic Legislative Day



Health Safety Net Legislative Day was held on Thursday, January 22 in Richmond. This was an opportunity to tell our legislators and their colleagues about the patients we have been seeing, the numbers of people we must turn away, and how crippling any budget cuts to our organization would be. Safety Net providers around the state made phone calls, sent letters and attended personal meetings. The day was very successful.



We had strong support from Delegates and Senators through two budget amendments submitted in each house to restore our funding to the FY 2009 level of \$1.7 million from the current \$850,000. We were asked by the leadership to mount a campaign to remind the Delegates and Senators of the work we have been doing and impress upon them the need for funding as we deal with the growing surge of unemployed Virginians who are seeking our services.

I am pleased to inform you that the request to restore the \$850,000 to the FY 2010 budget was approved in the final budget package. This means that there will be the same level of funding for Health Care Access next year. We are hopeful that there will not be further cuts by Executive Order.

Accreditation

The Moss Free Clinic is in the beginning stages of obtaining Accreditation from the Virginia Association of Free Clinics (VAFC). This particular Accreditation Project has been especially designed for free clinics, and by free clinics in the continued tradition of self-regulation.



This process will further raise the Moss Free Clinic's quality standards. The Accreditation Project is a living, breathing process which will necessarily undergo changes over time in response to the changing climate of the Healthcare Community at large and any new legal requirements pertaining to the free clinic world. We look forward to achieving this worthy standard!

Ukrop's Golden Giving— Helping Non-Profit Organizations



Did you know that every time you shopped at Ukrop's and used your UVC card between March 2 and March 28, 2009, you earned one Golden Gift Point for every \$1 spent? The more you shopped, the more you earned! Points were automatically calculated and tracked on your purchase receipts. At the end of the program period, a Golden Gift certificate that details your household's points will be mailed to you. You can help by turning your Golden Gift Certificates in to the Moss Free Clinic or mail your certificates to us at 1301 Sam Perry Blvd. Fredericksburg, VA 22401. The Moss Free Clinic can earn up to 2% of the \$200,000 payout! Look for your golden gift points to arrive in the mail in May. You have until JUNE 10th to donate your Golden Gift points to the Clinic!

GoodSearch and GoodShop

The Clinic is registered for GoodSearch and GoodShop. GoodSearch and GoodShop are very easy ways to raise money for the clinic just by searching and shopping online like you already do.

HERE'S WHAT YOU DO!

Go to www.goodsearch.com and type in our clinic's name where it says "Who do you GoodSearch for?" and click VERIFY. Keep this as your primary search engine and use it instead of Google or Yahoo. The search engine is powered by Yahoo so you get the same exact results! You can even download a search bar specifically for GoodSearch!

If you shop online go to www.goodshop.com where you will find coupons and deals for more than 1,000 stores including: Ebay, Amazon, Best Buy, Target, Apple, Expedia, Dell, Barnes and Nobel, Staples, Kohls, Old Navy, Wal-Mart, iTunes, Home Depot just to name a few!!! You have to check it out. There are so many more everyday stores that we all use who participate in GoodShop. Any time you plan to buy something online please check GoodShop...the chances are very good that the store will be a participant!

Every time you buy through GoodShop a % of your purchase will be donated to the Clinic if you have selected us from the list. For every single search you do through GoodSearch you raise one penny for the clinic. This doesn't sound like much but look at the stats:

Charity	Number of Supporters	Average Searches Per Day	Estimated Revenue/Year from Search	Amount Purchased Per person/ Year via GoodShop	Average % of Sale Donated	Estimated Revenue from Shopping	Total Donation/Year
Small	100	2	\$730	\$500	3%	\$1,500	\$2,230
Medium	1,000	2	\$7,300	\$500	3%	\$15,000	\$22,300
Large	10,000	2	\$73,000	\$500	3%	\$150,000	\$223,000



If you would like to receive our e-newsletter please contact us by visiting our website and filling out an online request form.

When Work Can't Wait, Donations are Great!

Office Supplies

Copy Paper

Mailing Labels

Pens/Pencils/Highlighters

Post-It Notes

9x12 manila envelopes

10x13 manila envelopes

Steno books

Volunteer Supplies

Snacks (pretzels, microwave popcorn, cookies, etc.)

Bottled Water

Paper plates, plastic utensils

Gift Certificates to local eateries

Exam Room Supplies

Exam Gloves

Alcohol Preps

2x4 gauze, 4x4 gauze

Table Paper

Facial Tissue

Tongue Depressors

Online Giving is now available at www.mossfreeclinic.org

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Non Profit Organization
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